

The Fahrenheit 451

"Technology Fast"



A 7-Day Journal Documentation

Mr. Hurst's English 9 Class

Tech Fast - The Facts

✚ Hello, and welcome to our fabulous 7-day experiment used as a lead-in to reading our next in-class novel, *Fahrenheit 451*. Over the last several days, we have talked about the prevalence and domination of certain technologies in your life, especially due to the fact that most of you cannot remember a time when these daily vehicles of convenience were not at your disposal. Over the next several days, I challenge you (as I will challenge myself) to give up three pieces of technology that are of some importance to you due to their everyday convenience.

✚ These three items will be pieces of technology that you use on a somewhat daily basis. I am NOT asking you to give up anything that you NEED. For example, the three items I will be giving up are my iPod, Netflix, and Facebook – these are all conveniences that I use, NOT NECESSITIES. I would be unable to give up things like my car or computer, as they are part of my livelihood. However, things such as texting, X-Box, television shows, movies, and for some of you, your cell phone, are not used for every day necessities and are simply avenues of entertainment and social communication – THESE ARE NOT NEEDS, these are WANTS. These are the kinds of things I am asking you to give up – to try and take you out of this convenient digital comfort zone that we have all become accustomed to. Try to see how you adapt to not having these items, and see how much you actually rely on these devices for your everyday survival (OR SANITY!). Remember, people have survived for thousands of years without these devices – CAN YOU?

ASSIGNMENT REQUIREMENTS

➤ Your journal entries should be at least 2-3 **COMPLETE SENTENCES** for each designated question per time of day (you will have 4 journal entries per day consisting of 4 questions for a grand total of 24-36 sentences minimum). Make sure to be as specific as possible – this is a snapshot of your daily life with or without technology – **BE HONEST**; have some integrity in your entries and make sure to get a parent signature at the end of each day. **HAVE FUN & GOOD LUCK!**

✚ For each day of your technological challenge, you will be documenting a number of things:

1. Write about a situation in which you needed your certain pieces of technology (if faced with this situation on a normal basis, how would you use this technology)
2. Document how you adapted to said situation without this technology (adjustment of routine, a different method of coping, etc.)
3. Describe any successes with this adaptation (were you able to survive using this alternative method?)
4. Describe any setbacks with this adaptation (how did not having your certain piece of technology available make this task that much more difficult?)

✚ Should you fail in being able to give up any certain piece of technology, you will need to document the following:

5. Write about a situation in which you needed your certain pieces of technology (if faced with this situation on a normal basis, how would you use this technology)
6. Document WHY you couldn't complete this task or face this situation WITHOUT this technological aid (why couldn't you adapt; why was it of vital importance to keep this technology for this situation)
7. How could you deal with this situation in the future without the aid of this technology (pretend that you DO NOT have this piece of technology the next time you are thrust into said situation)
8. In your opinion, COULD you have done this task WITHOUT this piece of technology? Did you simply not want to adapt outside of your comfort level? Or was it an emergency? Explain.

➤ **FINALLY, EVERY DAY YOU WILL WRITE A DAILY SUMMARY ON YOUR PROGRESS (or lack thereof) CONSISTING OF 3-4 COMPLETE SENTENCES!**

Day One

➤ PLEASE LIST THE THREE PIECES OF TECHNOLOGY THAT YOU WILL BE (or would be) GIVING UP FOR THIS WEEK'S CHALLENGE AND WHY YOU WOULD CHOOSE THESE THREE THINGS (why is this a sacrifice?):

1.

2.

3.

JOURNAL Entries:

Afternoon (your school day)	Evening (time you get home from school - 8 pm)
1.	1.
2.	2.
3.	3.
4.	4.
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

	
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JOURNAL Entries:

Morning (from the time you wake up to the time you go to school)	
1.	3.
2.	4.
Afternoon (your school day)	Evening (time you get home from school - 8 pm)
1.	1.
2.	2.
3.	3.
4.	4.
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

Day Three

JOURNAL Entries:

Morning (from the time you wake up to the time you go to school)	
1.	3.
2.	4.
Afternoon (your school day)	Evening (time you get home from school - 8 pm)
1.	
2.	
3.	
4.	
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

Day Four

JOURNAL Entries:

Morning (from the time you wake up till noon)	
1.	3.
2.	4.
Afternoon (from noon to 5)	Evening (5 pm - 8 pm)
1.	
2.	
3.	
4.	
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

Day Five

JOURNAL Entries:

Morning (from the time you wake up till noon)	
1.	3.
2.	4.
Afternoon (from noon to 5)	Evening (5 pm - 8 pm)
1.	
2.	
3.	
4.	
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

Day Six

JOURNAL Entries:

Morning (from the time you wake up till noon)	
1.	3.
2.	4.
Afternoon (from noon to 5)	Evening (5 pm - 8 pm)
1.	
2.	
3.	
4.	
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

Day Seven

JOURNAL Entries:

Morning (from the time you wake up to the time you go to school)	
1.	3.
2.	4.
Afternoon (your school day)	Evening (time you get home from school - 8 pm)
1.	
2.	
3.	
4.	
Nighttime (from 8 pm to the time you go to bed)	
1.	3.
2.	4.

Daily Summary:

